



MONTHLY NEWSLETTER JANUARY 2025 | Vol. XXXVII



VISION

“A literate, healthy and self-reliant Community”

MISSION

- *Identify and work with socially and economically backward people, especially girls and differently-abled;
- *Enhance people’s skills, especially of the youth;
- *Promote community self-reliance through community participation.

ABOUT NIPUN

“NIPUN” - a Hindi word, meaning ‘one who is skilled’ - is a Non Government Organization founded by a group of socially conscious development workers in 2005.

Its primary aim is to enhance quality of life of the poor and the vulnerable children, youth and women are its target group, with physically and mentally challenged children and adult forming a priority category. Pre, Non-formal and Remedial Schools, Community Health Programmes and Promotion of Self Help Groups form its major strategies.

- Empanelled by National CSR Hubs of TISS
- Empanelled by Institute of Corporate Affairs
- Registered for undertaking CSR activities, Ministry of Corporate Affairs, Govt. of India (Reg no. CSR00004761)

SUPPORT

You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes. Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.

Dear Friends and Supporters,

We wish you a very happy and prosperous new year!

As we step into the year 2025, we are filled with gratitude and renewed energy for the incredible work that continues to transform lives through our collective efforts.

The past month has been a time of reflection, growth, and learning for our organization, and we are excited to share the strides we have made in our mission to empower women, support children of migrant and construction workers, and uplift high-risk communities.



Through our women empowerment initiatives, we've seen more women than ever engage in trainings, gaining valuable knowledge and confidence to take charge of their futures. These programs are designed to equip them with the tools to not only support themselves but also contribute to their communities' well-being.

We are also proud of the day care facilities that have been providing safe and nurturing spaces for children of migrant and construction workers. These services have given parents peace of mind knowing that their children are receiving the care, attention, and education they deserve while they work hard to provide for their families.

Additionally, our health programs continue to address the needs of marginalized communities, ensuring that high-risk groups receive timely medical care, awareness, and support. As we look to the future, we remain committed to extending our reach and making a lasting impact on the lives of those who need it most.

We couldn't have made this progress without the unwavering support of our donors, volunteers, and partners. As we begin this new year, let us continue working together to create a society where everyone has the opportunity to thrive.

Thank you for your continued trust and commitment. Together, we are making a real difference.

Warm regards,

Pradeep Kumar
Founder & Secretary, NIPUN

HIGHLIGHTS

Nasha Karta Hai Kharab, Iska Karo Bahishkar

NIPUN Day Care Centre, NOIDA, organized an awareness programme for construction workers. The objective was to educate them and their families about the harmful effects of excessive alcohol consumption and tobacco abuse.

During the community awareness programme, All participants took an oath, "नशा करता है खराब, इसका करो बहिष्कार", emphasizing the importance of boycotting alcohol to lead a healthy life.

As part of the initiative, construction workers were encouraged to destroy alcohol bottles as a symbolic gesture of their commitment to quitting alcohol abuse.



Importance of Hand Hygiene

The NIPUN team in South West District educated children on the importance of proper hand washing, personal hygiene, nutrition, and overall health maintenance for their development.

Hand washing camps are regularly conducted under the supplementary nutrition programme to instill healthy habits and promote hygiene awareness among children from an early age.





National Youth Day 2025

National Youth Day 2025 is celebrated on January 12th to honour the birthday of Swami Vivekananda, one of India's greatest spiritual and social leaders. The day is dedicated to inspiring young minds, promoting education, and encouraging community service. The theme encourages the youth to embrace Swami Vivekananda's teachings and urges them to work towards a progressive nation every year. It promotes fearlessness, strength, unity, religious harmony, spiritual growth, and service to humanity among the youth.

NIPUN provides opportunities to youth and empowers them through various vocational training courses, educational activities aimed at instilling social consciousness, leadership, and responsibility. This is achieved through a variety of talks, events, and cultural activities.

On the occasion of Swami Vivekananda's birth anniversary, trainees from the vocational training centre organized a meeting. They paid rich tributes, garlanded his photo, and delved into his thoughts, values, and ideals. They also drew lessons on applying these principles in their lives.

HIGHLIGHTS

Kalakreeti – An Evening of Children’s Creativity

As part of the NIPUN - Empowering Girl Child project, an art activity titled ‘**Kalakreeti** – An Evening of Children’s Creativity’ was organized during the winter vacation amidst cold waves. The event aimed to nurture the imaginative and artistic talents of children enrolled in the Bridge Course.

These young artists created vibrant artworks of their choice, including butterflies, flowers, Santa Claus, trees, huts, and more. With great enthusiasm, they displayed their drawings and paintings, showcasing remarkable creativity and skill. It was a lively and joyful event, encouraging active participation and fostering a love for art and imagination among the children.



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Sparks of Delight: Lively Lohri Celebrations at NIPUN's Vocational Education Center

The trainees at NIPUN's Vocational Education Center embraced the festive spirit as they joyfully marked the occasion of Lohri. The celebration included the heartwarming gesture of distributing popcorn, rewari, peanuts, sweets and more, creating an atmosphere filled with the fire of joy.

Happy Makar Sankranti !

May the festival of harvest bring joy, success, and prosperity into your life. As the sun embarks on its northward journey, may it fill your days with warmth, positivity, and endless opportunities.

Let your kites soar high, symbolizing your dreams and aspirations reaching greater heights.

Wishing you happiness, peace, and togetherness on this auspicious day.



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Massive Turnout for Free Eye Check- up Camp

A Free Health Check-up Camp was successfully organized on 12th January, 2025 at NIPUN Swavalamban Evening Clinic, Kapashera, South West District, New Delhi, in collaboration with the Mahaveer International Delhi & SSS Foundation. During the health check-up camp ophthalmologist team eye check-up process comprised three stages, and it aimed to identify individuals with weak eyesight. Senior citizens, women, and children who required vision correction were provided with well-fitting spectacles that had lenses tailored to their specific needs.

A total of 253 beneficiaries registered in the camp where they underwent thorough screening for various eye ailments. Out of these, 6 individuals were referred for further examination regarding cataract operations. 92 beneficiaries received free spectacles. During the eye screening and clinical examination 16 patients heart with Very high Blood pressure, Blood Sugar and heart issues immediately had electrocardiography (ECG) done and they were further referred to hospital for diagnosis and treatment. Throughout the camp, individual counselling sessions were conducted to raise awareness within the community about eye disorders, the importance of early detection, and the identification of refractive errors and eye ailments among underprivileged individuals.

The Eye Check-up Camp proved to be highly beneficial as many individuals gained valuable insights about their eye health. The timely intervention of NIPUN enabled them to enhance their focus and productivity. Moreover, the event played a crucial role in preventing the further deterioration of eyesight among senior citizens. It was also focused during the eye camp to educate individuals on ways to lessen the risk of transmitting conjunctivitis. The organization's caregivers advised community members on the imperative nature of maintaining good hygiene practices. Precautions such as washing hands thoroughly, abstaining from touching the eyes, and not sharing personal belongings like towels or eye makeup are emphasized as effective strategies to curb the spread of this infection. Overall, the Free Eye Check-up Camp was a resounding success, providing much-needed support to the community and contributing to the well-being of its members.



Campaign to Combat Domestic Violence Against Women

An impactful awareness campaign, titled **"Raise Voice to Stop Domestic Violence Against Women,"** was organized in Jhuggi Jhopari Basti, Meera Bagh, and Bengali Camp. The event featured Ms. Anjana Matta as the resource person. Participants openly shared their experiences and perspectives on domestic violence, highlighting contributing factors such as financial challenges, alcohol abuse, and environmental influences.

The campaign also shed light on key issues like legal protections for women, gender equality, discrimination, female foeticide, eve-teasing, and domestic violence. The event concluded with a community march through the basti.

Participants carried banners and chanted a powerful message, *"Gharelu Hinsa Band Karo"* (Stop Domestic Violence) spreading awareness and solidarity.



Gifting a Smile

We are immensely grateful to one of our well-wishers for their generous donation of blankets, soft toys, biscuits, chocolates, and more for the children of NIPUN. These thoughtful gifts will not only bring warmth and comfort during this harsh winter but also brighten the lives of our little ones, encouraging them to attend the centers regularly.



HIGHLIGHTS

Meeting with Scholarship Program Candidates – Empowering the Future

An inspiring meeting with 20 talented and determined girls from J.J. Cluster of Meera Bagh who have been shortlisted for our Scholarship Program, supported by Vision Builders was held. During the meeting, their aspirations, future plans, and how the scholarship will help them achieve their dreams were discussed.

It was a wonderful opportunity to mentor these bright young minds, guiding them through their academic journey and beyond. We are excited to see them embark on this new chapter of growth, education, and success. This program is not just about financial support; it's about investing in their potential and empowering them to create a positive impact in their communities. At NIPUN, we are committed to fostering an environment where every girl has the chance to excel and lead. Together, with the support of Vision Builders, we are shaping a brighter future for these incredible girls.



National Voters' Day 2025

On this National Voters' Day (25th January), the Office of the District Election Officer/DM, District West, Government of NCT of Delhi, honored NIPUN with an Appreciation Certificate for our active participation in the Voter Awareness Programme for the Transgender Community under the SVEEP campaign for the Delhi Legislative Assembly Election 2025.

Importance of Childhood and Safety

A meeting was held with the construction workers of the Noida Chauras project to emphasize the significance of childhood and child safety. The session aimed to raise awareness about the rights and well-being of children, highlighting the need for a nurturing and secure environment for their growth and development.

Participants were provided with valuable insights into protecting children from potential hazards, both physical and emotional, and the importance of prioritizing their education, health, and overall well-being. The meeting also addressed ways to identify and prevent child labor, abuse, and neglect, empowering workers to become advocates for child safety within their communities.

This initiative aimed to foster a deeper understanding of the crucial role that parents and caregivers play in shaping a safe and happy childhood.



NATIONAL GIRL CHILD DAY

Celebrating National Girl Child Day – January 24, 2025

On January 24, 2025, NIPUN celebrated National Girl Child Day, with the theme "*Empowering Girls for a Bright Future.*" This day aims to raise awareness about the rights and needs of girls, while promoting equal opportunities for both girls and boys. The primary purpose of National Girl Child Day is to emphasize the importance of girls' education, health, and nutrition, and to raise awareness about gender-based discrimination. It also serves as a reminder that girls deserve equal opportunities in education, healthcare, and all aspects of life.

NIPUN is committed to the empowerment of the girl child through a range of initiatives. These include girl child education programs aimed at increasing access to schooling, scholarship programs for higher education to ensure that girls continue their academic journeys, and skill training to equip them with practical skills for the future. Additionally, NIPUN offers life skills education to prepare girls for challenges in their personal and professional lives, and supplementary nutrition programs to tackle malnutrition and promote better health. We also focus on mainstreaming children who have dropped out or never attended school, helping them rejoin their educational path. NIPUN's efforts ensure holistic development for every girl, empowering them to become self-reliant individuals. As of today, NIPUN has empowered hundreds of girls, helping them achieve their dreams and create better futures for themselves and their communities.



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REPUBLIC DAY CELEBRATIONS

Tiranga Yatra by Shiksha Saheli Project on Republic Day!

On the occasion of Republic Day, the children and parents of the Shiksha Saheli Project came together to celebrate India's unity and diversity through a vibrant Tiranga Yatra. With the tricolour flag held high, the participants marched proudly, showcasing their love for the nation and their commitment to building a brighter future through education.

It was an inspiring day of patriotism, joy, and community spirit, as everyone walked together in honor of India's Republic Day!



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Republic Day Celebration with the Women of Bengali Camp, West Delhi!

On this Republic Day, the women of the Bengali Camp community in West Delhi came together to celebrate the spirit of India with pride and unity. It was an inspiring sight as they shared stories of resilience, courage, and patriotism, creating a sense of empowerment and solidarity among them. The event featured colorful performances, soulful songs, and heartfelt speeches, reflecting the values of our nation.

In addition to the celebrations, Shri Pradeep Kumar, Secretary of NIPUN, conducted an impactful session on crucial community issues. He addressed topics such as domestic violence, empowering women to stand up against violence and seek support, and emphasized the importance of community sanitation for healthier living. He also spoke about the need to stop open defecation, raising awareness on hygiene and proper sanitation practices, and shared valuable insights on fighting malnutrition, particularly by encouraging balanced nutrition for both mothers and children.

The women of this community showcased their strength and commitment to change, making this Republic Day a moment of reflection and hope for a better future. Their dedication to building a safer, healthier, and more empowered community shines through every day.

At NIPUN, we are honoured to support these courageous women in their journey towards empowerment, well-being, and creating positive change for all. Together, we can make a lasting impact.



REPUBLIC DAY CELEBRATIONS

Celebrating Republic Day with the Children and Families of Construction Workers at NIPUN's Day Care Center!

This Republic Day, we had the privilege of witnessing a heartwarming celebration at our Day Care Centers in Noida and Greater Noida. Children, along with their parents who are construction workers, came together to honor the spirit of our nation. The event was filled with vibrant performances, patriotic songs, and art created by the little ones that showcased their love for India. A special message was shared by Pradeep Kumar, Secretary of NIPUN, who expressed, *"On this momentous day, we celebrate not only the Republic of India but the strength and spirit of the families we serve. The children of our construction worker families are the future, and we remain committed to nurturing their potential with education, care, and support."*

To make the day even more fun filled, special meals were provided to all the children, ensuring they felt cherished and celebrated. The joy and enthusiasm of the children, along with the support of their parents, made this Republic Day truly special! We are proud to empower these children with education and create a platform where they can dream big for a better future. Here's to a brighter tomorrow, full of opportunities and hope!



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REPUBLIC DAY CELEBRATIONS

Celebrating the Spirit of Patriotism on the 76th Republic Day!

The children of our Empowering Girl Child initiative at Meera Bagh came together to honor the 76th Republic Day with great enthusiasm and pride. The celebration began with the hoisting of our beloved Tricolor, symbolizing unity and freedom. A vibrant cultural program showcased the talent and creativity of the children through dance, drama, and speeches. Melodious patriotic songs filled the air, evoking love for our nation.

The day ended on a sweet note with the distribution of treats, spreading joy among the little ones. We are proud to nurture the future of our nation by instilling the values of patriotism and unity in these bright young minds. Here's to empowering our children to be the change-makers of tomorrow!



UMANG Celebrates Republic Day with Pride

The trainees of NIPUN's UMANG Vocational Unit celebrated the 76th Republic Day with great enthusiasm at our Vocational Training Center in West Delhi. The event was marked by a stirring speech delivered by the Secretary of NIPUN, who spoke about India's hard-won freedom, honoured the sacrifices of our freedom fighters, and hoisted the national flag with pride. The day was a powerful reminder of our nation's enduring spirit and the collective pride in our freedom. Jai Hind!



HIGHLIGHTS

Fun Day Out for the children of Construction Workers

The children from our Day Care Centre at ATS Dolce had a delightful visit to Omaxe Mall in Greater Noida on the occasion of Republic Day. They spent the entire day joyfully exploring various activities, including riding slides, swings, and engaging in other fun-filled games. To make the day even more special, a burger party was organized, bringing smiles and happiness to all the children. It was a memorable experience that brought them immense joy and excitement.



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HIGHLIGHTS

Cancer Awareness Session by NIPUN and CanSupport



NIPUN, in partnership with CanSupport, organized a cancer awareness session for community workers at V.P. Singh Camp (South East Delhi) and Kapashera (South West Delhi). The session focused on cancer prevention, early detection, and care, empowering over 75 women with essential knowledge. Key topics included cancer development, risk factors, symptoms, screening tests, and treatment options. Special emphasis was placed on breast cancer awareness, with a live demonstration of Breast Self-Examination to promote proactive health measures. The session also debunked common myths about cancer and featured an interactive Q&A, ensuring participants left informed and confident.

We sincerely thank CanSupport for their support in this impactful initiative.

Recognition for NIPUN's Exemplary Work on Child Care

NIPUN has been associated with Neenv - Delhi FORCES for the past 15 years. Neenv - FORCES, a Forum for Crèches & Child Care Services, organized a program on January 31, 2025, at Vishwa Yuva Kendra, Delhi, to celebrate its silver jubilee.

During the event, NIPUN was honoured with a shield in recognition of its exemplary work for the welfare of underprivileged children.



Republic Day Celebration with the Women of Bengali Camp, West Delhi!

NEW DELHI/BUREAU: NIPUN is a non-profit organization dedicated to empowering communities through education, health, and skill development. With a focus on uplifting marginalized groups, NIPUN strives to create an inclusive society where everyone has the opportunity to thrive.

On the occasion of Republic Day, the women of the Bengali Camp community in West Delhi gathered to celebrate the spirit of India with immense pride and unity. The event was a powerful testament to their strength, resilience, and patriotism as they shared stories of courage and perseverance, fostering a sense of empowerment and solidarity.

The celebration featured colorful performances, soulful songs, and heartfelt speeches, all reflecting the core values of our nation. It was a vibrant display of community spirit, highlighting the important role these women play in their community's growth and progress.

In addition to the celebrations, Shri Pradeep Kumar, Secretary of NIPUN, conducted an impactful session



on several crucial community issues. He addressed topics such as domestic violence, urging women to empower themselves by standing up against violence and seeking support. Shri Kumar also emphasized the importance of community sanitation for healthier living, stressing the need for cleaner environments and better hygiene practices. He spoke about the urgent need to stop open defecation and

raised awareness on the importance of proper sanitation to ensure the health and well-being of the community. Furthermore, Shri Kumar shared valuable insights on fighting malnutrition, particularly by encouraging balanced nutrition for mothers and children.

The women of the Bengali Camp community demonstrated their unwavering commitment to change, making this Republic Day a day of reflection

and hope for a brighter future. Their determination to create a safer, healthier, and more empowered community continues to inspire and drive positive change.

At NIPUN, we are proud to support these courageous women in their journey toward empowerment, well-being, and creating lasting social impact. Together, we can build a future where every individual has the opportunity to thrive.

Empowering Girls for a Bright Future

Celebrating National Girl Child Day

STATE BUREAU

New Delhi, Jan 24: NIPUN is a non-profit organization dedicated to empowering communities through education, health, and skill development. With a focus on uplifting girls, women, and marginalized groups, NIPUN strives to create an inclusive society where everyone has the opportunity to thrive.

National Girl Child Day was celebrated on January 24, 2025, with the theme "Empowering Girls for a Bright Future." This important day seeks to raise awareness about the rights, needs, and aspirations of girls, while promoting equal opportunities for both girls and boys across the nation. The day serves as a reminder of the significant role that girls play in shaping the future of our country and the need to ensure their access to education, health, and nutrition.

The primary purpose of National Girl Child Day was to raise awareness about gender-based discrimination and to ensure that girls receive equal opportunities in education, healthcare, and life. It also emphasizes the importance of education, health,



and nutrition for girls, which are key to their overall well-being and future success.

As part of its ongoing commitment to the empowerment of girls, NIPUN is undertaking several initiatives aimed at supporting girl child education and development. These initiatives include:

Girl Child Education Programs: Providing access to quality education for girls, ensuring they have the opportunity to build a strong foundation for their future.

Scholarship Programs for Higher Education: Supporting girls in continuing their academic journeys and

achieving higher educational goals.

Life Skills Education: Preparing girls for challenges in their personal and professional lives.

Supplementary Nutrition Programs: Addressing issues of malnutrition and promoting better health for girls.

Mainstreaming of Dropouts and Never-School Children: Helping out-of-school children rejoin their education, ensuring they don't miss out on their future.

Holistic Development: Empowering girls through a comprehensive approach to their growth, development,

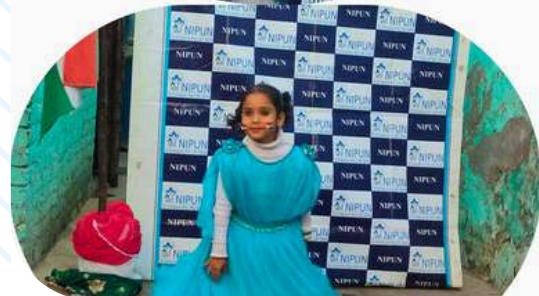
and independence.

Shri Pradeep Kumar, Secretary of NIPUN expressed his thoughts: "On this National Girl Child Day, we celebrate the resilience, strength, and potential of every girl. At NIPUN, we remain committed to empowering girls through education, skill development, and health initiatives, ensuring they have the tools to shape their own futures. Together, we can build a world where girls are given the same opportunities as boys to excel, grow, and lead. Let us continue working towards a society where every girl has the chance to fulfill her dreams and contribute to the progress of our nation."

Till date, NIPUN has empowered hundreds of girls, helping them access education, gain skills, and lead more self-reliant, fulfilling lives. These efforts align with NIPUN's broader mission to create a society where girls have equal opportunities and are equipped to succeed.

As we celebrate National Girl Child Day, let us renew our commitment to providing every girl with the tools and support they need for a brighter, more equitable future.

SNAPSHOT OF CELEBRATIONS



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APPEAL



NIPUN continues its efforts to achieve its vision i.e. literate, healthy and self-reliant Community through its various programmes. Your support shall strengthen the drive.

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